



**PROGRAM AT A GLANCE**

**4<sup>th</sup> INTERNATIONAL FORUM ON HIV AND REHABILITATION RESEARCH & INTERSECTORAL POLICY DIALOGUE - Translating Evidence on HIV, Aging and Rehabilitation Interventions into Practice: Advancing Research, Practice and Policy for Healthy Aging**

**Saturday June 16, 2018, 8:00am-5:00pm**

**Li Ka Shing Knowledge Institute, St. Michael’s Hospital, Toronto, Canada**

<b>Translating Evidence on HIV, Aging and Rehabilitation Interventions for Successful Aging; Advancing Research, Practice and Delivery</b>	
Objectives: 1) To facilitate <b>knowledge transfer and exchange (KTE)</b> on HIV and rehabilitation research, clinical practice and service delivery, among people living with HIV, researchers, clinicians on HIV, representatives of community organizations, and policy makers internationally; 2) To establish <b>new research and clinical partnerships</b> in HIV and aging internationally; 3) To foster <b>mentorship and training in HIV and aging</b> research	
<b>Time</b>	<b>Topic</b>
8:00-8:45	<b>Breakfast and Registration</b>
8:45-9:00	<b>Welcome Introductions &amp; Overview of Agenda</b>
9:00-9:20	<b>Overview of <i>Realize</i> and the HIV and Aging Initiative Canada-UK (now International) HIV and Rehabilitation Research Collaborative (CIHRRC) Framework of Research Priorities in HIV, Disability and Rehabilitation</b>
9:20-10:00	<b>Healthy Aging with HIV in the Context of Rehabilitation – Measuring Health and Effectiveness of Interventions - How Far Have we Come and Where are We Going in the Future? Key Note Speaker: Dr. Richard Harding (Cicely Saunders Institute, King’s College, London, UK)</b>
10:00-10:15	<b>Break</b>
10:15-12:00	<b>Research Evidence Panel Session 1</b> <b>Implementing HIV and Rehabilitation Research into Practice – <u>Multimorbidity, Frailty, and Community Engagement &amp; Social Participation</u></b>  <b>A Qualitative Longitudinal Study of Episodic Disability Experiences of Older Women Living with HIV</b> Dr. Patty Solomon (McMaster University, Hamilton, Canada)  <b>HIV, Hepatitis C and Aging in Ireland – Interventions for Successful Aging</b> Dr. Colm Bergin (St. James Hospital, Dublin, Ireland)

	<p><b>Update on Frailty in PLWH: What is it, Why Does it Occur, What are the Consequence and What Can We Do About it?</b> Dr. Julian Falutz (McGill University, Montreal, Canada)</p> <p><b>Social Connectedness and Community Engagement Among People Aging with HIV: A Cross National Review of Two Studies</b> Dr. Charles Emlet (University of Washington, Tacoma, USA)</p> <p><b>Neurocognitive Difficulties for People Living with HIV in Canada</b> Dr. Francisco Ibáñez -Carrasco (St. Michael's Hospital, Toronto, Canada)</p> <p><b>Respondent:</b> Chiara Reddin- Physiotherapist (St. James Hospital, Dublin, Ireland)</p>
12:00-12:30	<b>Lunch</b>
<b>Translating Evidence on HIV, Aging and Rehabilitation Interventions for Successful Aging; Advancing Research, Practice and Delivery</b>	
<b>Time</b>	<b>Topic</b>
12:30-1:45	<p><b>Research Evidence Panel Session 2A</b> <b>Implementing HIV, Aging and Rehabilitation Intervention Research into Practice – <u>Successful Aging Interventions and Models of Rehabilitation Delivery</u></b></p> <p><b>What Do We Know About Self-Management Programs for People Living with HIV?</b> Dr. Claire Kendall (Bruyère Institute, Ottawa, Canada)</p> <p><b>Establishing (and Evaluating) a New Model of Self-Management and Rehabilitation for People Aging with Chronic Pain</b> Kyle Vader (Kingston Health Sciences Centre-Hotel Dieu Hospital site, Kingston, Canada)</p> <p><b>Laboratory Based Research into Exercise and Physical Activity Among Those Living with HIV</b> Dr. Cuisle Forde (Trinity College Dublin, Dublin, Ireland)</p> <p><b>Rehabilitation in a Day Health Program for Adults living with HIV</b> Dr. Soo Chan Carusone (Casey House, Toronto, Canada)</p> <p><b>Respondent:</b> Mary Mwalwanda- Community Member (Hamilton, Ontario)</p>
1:45-3:00	<p><b>Research Evidence Panel Session 2B</b> <b>Implementing HIV, Aging and Rehabilitation Intervention Research into Practice – <u>Exercise and Wellness Interventions</u></b></p> <p><b>Effectiveness of Yoga Interventions for Older Adults with HIV and Neuropathy</b> Dr. Mary Lou Galantino (Stockton University, Galloway, USA) &amp; Dr. David Kietrys (Rutgers University, Blackwood, USA)</p> <p><b>The impact of Yoga-Mindfulness on Cognitive Function, Balance, and Mobility Among People Living with HIV</b> Adria Quigley (Dalhousie University, Halifax, Canada)</p> <p><b>Implementing a Community-Based Exercise (CBE) Intervention for Adults with HIV: Updates from the CBE Study</b> Dr. Kelly O'Brien &amp; Rachel Aubry (University of Toronto, Toronto, Canada)</p> <p><b>The Kobler Rehabilitation Class: Past, Present and Future</b></p>

	Darren Brown (Chelsea and Westminster Hospital, London, UK) <b>Respondent:</b> Brian Ellison- Community Member (Toronto, Canada)
3:00-3:15	<b>Break</b>
3:15-4:30	<b>Panel Session - Bridging the Evidence with Real World in Research and Practice: Community and Clinical Perspectives across the Continuum of Care Aging with HIV</b> This session will include a presentation of a case study, by Dr. Greg Robinson, and a series of panelists who will comment on the research evidence, identify key priorities in the field, and discuss opportunities to enhance service delivery for adults aging with HIV.  <b>Opening Remarks (Case Study Video):</b> <ul style="list-style-type: none"> <li>○ Dr. Greg Robinson (Community Member, Toronto, Canada)</li> </ul> <b>Moderators:</b> <ul style="list-style-type: none"> <li>○ Larry Baxter (Community Member, Halifax, Canada)</li> <li>○ Dr. Patty Solomon (McMaster University, Halifax, Canada)</li> </ul> <b>Panelists:</b> <ul style="list-style-type: none"> <li>○ Dawn James (Nine Circles Community Health Centre, Winnipeg, Canada)</li> <li>○ Caitlin Wharin (Casey House, Toronto, Canada)</li> <li>○ Esther McDonnell (Chelsea and Westminster Hospital, London, UK)</li> <li>○ Dr. Gord Arbess (St. Michael's Hospital, Toronto Canada)</li> </ul>
4:30-4:40	<b>Break-Time to fill out Evaluation Forms</b>
4:40-5:00	<b>Bringing it all Together –Review of Research Priorities in HIV and Aging</b>  In this session we will discuss ways to identify and address new and emerging issues in HIV, aging and rehabilitation, highlighting new opportunities for collaboration in research and practice. In this session we will also discuss strategies to enhance Knowledge Transfer and Exchange on HIV and rehabilitation research.  <b>Wrap-up and Evaluation/Closing Remarks</b>

**Rapporteur Team:** Lisa Boucher (Bruyère Institute, Ottawa), Matthieu Dagenais (Rehabilitation Sciences Institute, University of Toronto), Saipriya Vajravelu (School of Rehabilitation Sciences, McMaster University)

**Acknowledgements:** The 4th International Forum on HIV and Rehabilitation Research and Intersectoral Policy Dialogue is funded by a Meeting, Planning and Dissemination Grant from the Canadian Institutes of Health Research (CIHR), Aging Institute and Realize.

We also acknowledge support from the Canadian Alliance in HIV and HCV Knowledge to Action, St. Michael's Hospital, Gilead Sciences Canada, Inc. and Filming by Three Flying Piglets, Gay Men's Health Collective (GHMC).

**St. Michael's**  
Inspired Care.  
Inspiring Science.



**CSIH SCSi** CANADIAN SOCIETY FOR INTERNATIONAL HEALTH  
LA SOCIÉTÉ CANADIENNE DE SANTÉ INTERNATIONALE



**GILEAD**  
Advancing Therapeutics.  
Improving Lives.