



POSITIVE OUTLOOK

A Needs Assessment of Front-line
Care Providers Working With People
Living With HIV and Depression

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Acknowledgements

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- Survey Participants
- Ontario AIDS Network & the Ontario HIV Treatment Network
- CUHRRC & CWGHR



Purpose

To identify capacity building needs of front-line care providers who work with people living with and vulnerable to HIV and show signs of depression



Methodology

- A needs assessment survey was circulated in May 2011
- On-line via Survey Monkey, both French and English, national in scope
- Promotion of survey via multiple dissemination tools
- Survey was anonymous
- Analyzed using excel



Results

- 430 individuals were contacted
- 80 responded
- 64 completed survey



Results

- Common mental health issues identified by respondents
 - Anxiety (100%)
 - Depression (98%)
 - Addictions (88%)



Results

- Mental health issues identified by respondents differed by size of community

Smaller Towns

- Isolation
- Stigma
- Lack of services

All Urban Centres

- Trauma
- PTSD



Results

- Priority mental health issues varied by region

Vancouver & Quebec

- drug use and addiction
- fatigue
- homelessness
- poverty

Toronto, Vancouver & Ottawa

- immigration
- newcomers



Results

- Provision of mental health services
 - did offer services (48%)
 - did not offer services (40%)
- Services offered included:
 - referrals (78%)
 - one-on-one counselling (75%)
 - informal supports (67%)
 - support groups (54%)
 - peer supports (54%)



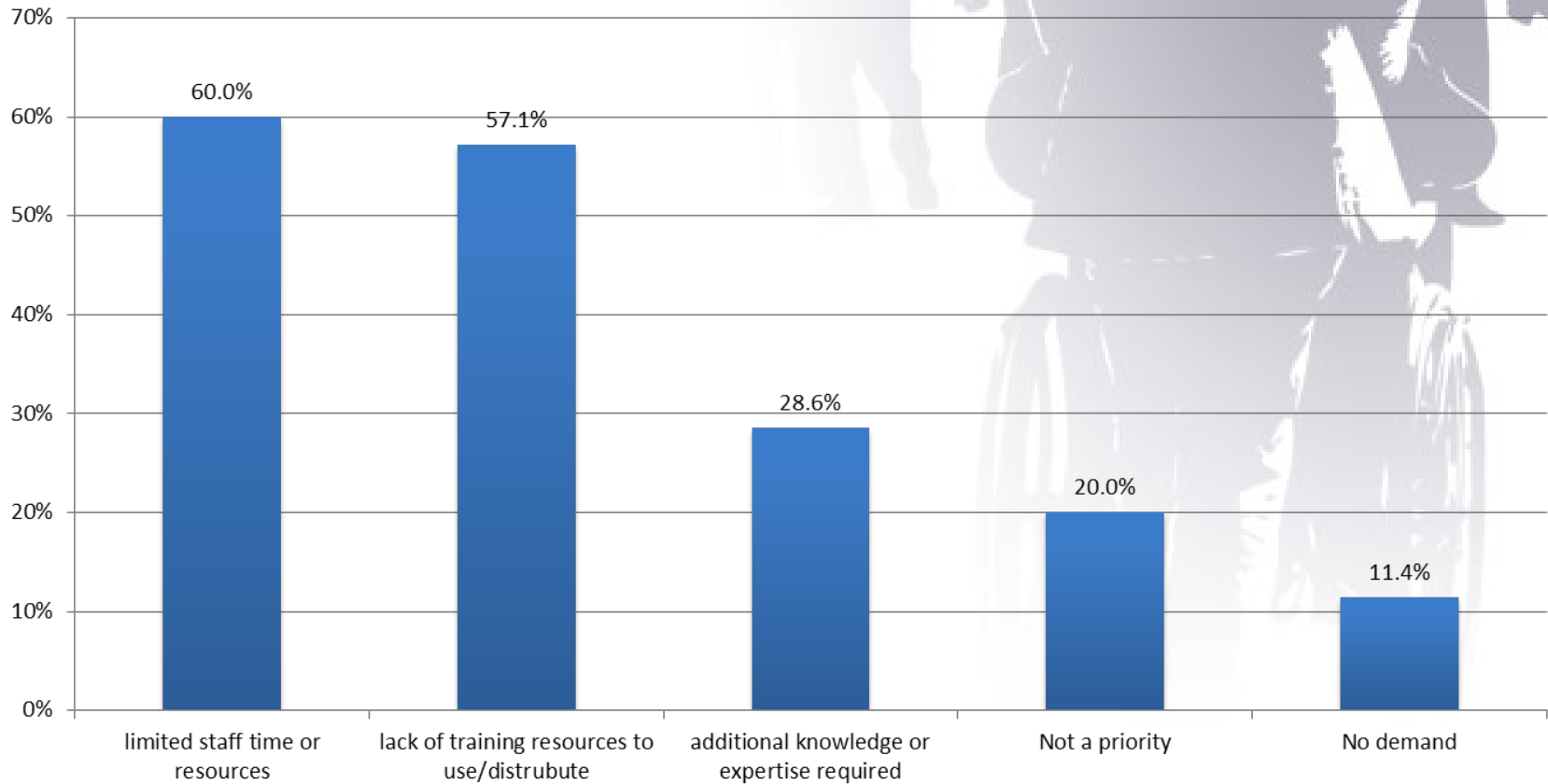
Staff Training

- Previous education / training
 - had not received any training (45%)
 - had received training (45%)
- Of those who received training
 - indicated that training was sufficient (49%)
 - indicated that training was not sufficient (31%)



Staff Training – Why Not?

Why have staff not received training on Mental Health and HIV?



Training Needs

- Workshop:
 - 94% indicated that they would be interested in training/workshops

“the more information staff have the better our understanding, then the better we can serve our clients.”

“It’s a complicated issue that we face daily. The opportunity to learn, share and maybe debrief together would help us to feel more supported and confident in our work.”



Positive Outlook

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