



## The Canada-UK HIV and Rehabilitation Research Collaborative (CUHRRC) Fall 2015 / Winter 2016 E-Update (February 2016)

CUHRRC is an international research collaborative comprised of over 50 people living with HIV, researchers, clinicians, representatives from AIDS service organizations and policy stakeholders in Canada, the United Kingdom (UK), the United States of America (USA), Ireland and Hungary with an interest in HIV and rehabilitation research. Follow us on Twitter [@CUHRRC](https://twitter.com/CUHRRC).

### New CUHRRC Members

The CUHRRC welcomes five new members to the collaborative. **Tamás Bereczky** is the Communications Advisor of the European AIDS Treatment Group (EATG) as well as a Lecturer at the ELTE University of Budapest, Hungary. **Cuisle Ford** is a Physiotherapist and a Postdoctoral Research Fellow at Trinity College Dublin. **Tammy Reimer** is the Director of Allied Care and Health Promotion at Nine Circles Community Health Centre (Winnipeg). **Hannah Strudley** is a Physiotherapist and Masters student at Sheffield Hallam University in Advancing Physiotherapy Practice in the United Kingdom. **Sara Pullen** is a Physiotherapist and Assistant Professor in the Department of Rehabilitation Medicine at Emory University School of Medicine, Atlanta, USA.

### Past and Upcoming Events

- 1) A **CUHRRC Membership Meeting** was held on **Thursday January 28<sup>th</sup>, 2016**. The purpose of this meeting was to welcome new CUHRRC members and to exchange knowledge and updates on HIV and rehabilitation research. [Click here](#) to access Darren Brown's webinar slides on updates on the HIV and rehabilitation content presented at the EACS Conference in October 2015.
- 2) **The 3rd International Forum on HIV and Rehabilitation Research-HIV and Aging** will be held on **Thursday May 12<sup>th</sup>, 2016 in Winnipeg, Canada**. Visit: <http://cuhrrc.hivandrehab.ca/> for more details.
- 3) The **Canadian Association for HIV Research (CAHR) 2016 Conference** will be held on **Friday May 12<sup>th</sup>, 2016 to Sunday May 15<sup>th</sup>, 2016 in Winnipeg, Manitoba, Canada**. Visit: <http://www.cahr-acrv.ca/conference/> for more details.
- 4) CUHRRC, in collaboration with the Canadian Working Group on HIV and Rehabilitation (CWGHR) and Canadian Association for HIV Research (CAHR) will host a special **Plenary Session** as part of the CAHR Conference on **Friday May 13<sup>th</sup> from 12:30pm-2:00pm in Winnipeg, Canada**.
- 5) The **21<sup>st</sup> International AIDS Conference** will be held on **Monday July 18<sup>th</sup> 2016 to Friday July 22<sup>nd</sup>, 2016 in Durban, South Africa**. Please visit: <http://www.aids2016.org/About> for more details.
- 6) The **World Confederation for Physical Therapy Congress** will be held on **Sunday July 2<sup>nd</sup>, 2017 to Tuesday July 4<sup>th</sup>, 2017 in Cape Town, South Africa**. Please visit: <http://www.wcpt.org/congress> for more details.

### Announcements

#### Research Updates from Stephanie Nixon (University of Toronto)

Stephanie Nixon has been involved in two large research launches for studies in Zambia related to HIV and rehabilitation. One tool that was launched is the **E-Module on HIV and Rehabilitation for Sub-Saharan Africa**. This is a teaching tool for rehabilitation providers and others in Sub-Saharan Africa that was adapted from the [Canadian E-Module on HIV and Rehabilitation](#) developed by CWGHR. [Click here](#) to view the Sub-Saharan Version of the HIV and rehabilitation module and [click here](#) to view general information about the new HIV and rehabilitation tool.

**The Sepo II Study** used the World Health Organization Framework on the International Classification of Functioning, Disability and Health (ICF) and Kelly O'Brien's Episodic Disability Framework to investigate the experiences of life and episodic disability among women and men in Zambia who are living with HIV and on ART. Using a qualitative longitudinal design Stephanie and the team conducted in-depth interviews with the same 31 people over 3 points in time. This is the 1<sup>st</sup> study to use a rehabilitation framework to consider experiences of living with HIV among adults over time in Africa, now that ART is more readily available. [Click here](#) to view the study brief and [click here](#) to view general information about the study.

### **Research Updates from Tamás Bereczky (The European AIDS Treatment Group (EATG))**

The European AIDS Treatment Group is conducting a study entitled “**New Challenges and Unmet Needs of People Living with HIV/AIDS.**” Phase 1 of the study, ‘People Living with HIV/AIDS Aged 50+’ was launched on December 16<sup>th</sup>, 2015. Phase 2 will focus on children living with HIV/AIDS and Phase 3 will focus on adolescents and young adults living with HIV/AIDS. Please visit the website: <http://www.ageingwithhiv.com/> for more details.

### **Rehabilitation in the Context of HIV: A Self-Directed On-line Interprofessional HIV Course to Increase the Capacity of Rehabilitation Professionals**

Developed by the **Canadian Working Group on HIV and Rehabilitation (CWHGR)** and brought to you by CWGHR, the Canadian Physiotherapy Association (CPA), the Canadian Association of Occupational Therapists (CAOT), and the Canadian Association of Speech-Language Pathologists and Audiologists (CASLPA), this 14 hour, self-directed course will help you to bridge the world of HIV, disability and rehabilitation.

**Rehabilitation in the context of HIV** is a new cutting edge interprofessional learning tool for pre-practice and experienced rehabilitation professionals that will deepen your understanding of the benefits of rehabilitation for those living with HIV and other episodic disabilities. This self-directed course explains the episodic nature of many disabilities that you are a rehabilitation specialist encounter with patients/clients.

**Rehabilitation in the context of HIV** introduces: HIV as an episodic disability; ways to enhance interprofessional approaches to practice and; the roles for rehabilitation in care, prevention, treatment and support for people living with HIV and other episodic disabilities.

Please visit: <http://www.hivandrehab.ca/> for more details

## **Knowledge Translation**

### **Conferences and Meetings**

#### **3rd International Forum on HIV and Rehabilitation Research – HIV and Aging, Winnipeg, Canada, Thursday May 12<sup>th</sup> 2016**

CUHRRRC in collaboration with the Canadian Working Group on HIV and Rehabilitation (CWHGR) and Canadian Association for HIV Research (CAHR) will host the 3rd International Forum on HIV and Rehabilitation Research – HIV and Aging on **Thursday May 12<sup>th</sup> from 8:00am-4:00pm in Winnipeg, Manitoba.**

The goal of the Forum is to facilitate knowledge transfer and exchange on HIV, aging and rehabilitation research, clinical practice and service delivery, to establish new partnerships in HIV and aging, and to identify new and emerging research priorities in the field.



The Forum will include a series of dynamic and interactive research evidence panel sessions focused on HIV, aging and multi-morbidity, rehabilitation interventions and models of service delivery. People living with HIV, researchers, clinicians, and representatives from community organizations from Canada, the United Kingdom, and the United States will speak about a) the new and emerging role for rehabilitation in the context of HIV, aging and multi-morbidity, b) profile innovative models of rehabilitation service delivery, c) highlight concrete strategies for enhancing access to rehabilitation for people aging with HIV, and d) identify new and emerging research priorities in the field.

For more details, please [click here](#) to view the Program at a Glance.

The Forum will be open to all conference attendees. There is no cost for registration but registration is limited. To register, please visit: <https://3rd-international-forum-hiv-rehab-research.eventbrite.ca>

## Conference Presentations

### 15<sup>th</sup> European AIDS Conference, Barcelona, Spain (October 2015)

- On Friday October 23rd, 2015 members of CUHRRC, RHIVA, and the European AIDS Treatment Group were involved in an invited special session on HIV and rehabilitation entitled: Living Well When Living Longer: HIV and Rehabilitation on Friday October 23rd. To access the presentation, please [click here](#).

## Social Media

### #OTalk Twitter Chat (December 1<sup>st</sup>, 2016)



On December 1<sup>st</sup>, 2016 #OTalk in collaboration with the Rehabilitation in HIV Association (RHIVA) held a one hour Twitter Chat on HIV, Aging and Frailty. The focus of this session was premature aging, common co-morbidities and how Occupational Therapists can prepare themselves for working with people living with HIV. The Twitter chat included over 25 participants from CUHRRC, CWGHR and RHIVA. To access the Twitter feed, please visit #OTalk at: <https://twitter.com/hashtag/OTalk?src=hash>

## HIV, Health and Rehabilitation Survey Update



The *HIV, Health and Rehabilitation Survey* (HHRS) is a CIHR-funded Canada wide online survey with the overall goal to establish a comprehensive profile of the range of health conditions people with HIV in Canada live with, the health-related challenges they experience (disability) and the rehabilitation services and living strategies that they use to deal with their

health related challenges. With CWGHR as the Principal Knowledge User in this work, the HHRS is a collaboration with over 30 AIDS Service and Community Based Organizations, clinics and health centres across the country. The HHRS includes 941 responses from adults living with HIV across Canada. The HHRS team is in the analysis phase of the study.

On Tuesday June 16<sup>th</sup>, 2015, over 18 HHRS researchers, knowledge users and collaborators met in Toronto to discuss 1) the interpretations of the HHRS analysis to date and; 2) discuss the HHRS knowledge translation and exchange (KTE) strategy. A KTE Planning Team led by CWHGR will meet in February 2016 to further discuss the HHRS knowledge translation strategy. Two abstracts focused on the HHRS were submitted for CAHR 2016. The first focuses on lessons learned from implementing this online survey while the second focuses on the relationships between dimensions of disability experienced by adults living with HIV.

For more information on the HHRS please visit the HHRS webpage on the CUHRRRC website [http://cuhrrc.hivandrehab.ca/current\\_studies.php](http://cuhrrc.hivandrehab.ca/current_studies.php) or contact Kelly O'Brien (Principal Investigator) at [kelly.obrien@utoronto.ca](mailto:kelly.obrien@utoronto.ca) or Ayesha Nayar (Research Coordinator) at [ayesha.nayar@alum.utoronto.ca](mailto:ayesha.nayar@alum.utoronto.ca). The Health and Rehabilitation Survey is funded by the CIHR, HIV/AIDS Research Initiative.



## CUHRRRC Website Updates

<http://cuhrrc.hivandrehab.ca/index.php>

Updates to the CUHRRRC website are made 7 times per year. Please feel free to send updates from your work on HIV and rehabilitation research you wish to share on the CUHRRRC website or in the newsletter.

## CUHRRRC Steering Committee

Kelly O'Brien [kelly.obrien@utoronto.ca](mailto:kelly.obrien@utoronto.ca)

Esther McDonnell [Esther.McDonnell@chelwest.nhs.uk](mailto:Esther.McDonnell@chelwest.nhs.uk)

Patty Solomon [solomon@mcmaster.com](mailto:solomon@mcmaster.com)

Tammy Yates [tyates@hivandrehab.ca](mailto:tyates@hivandrehab.ca)

Cathy Worthington [worthing@uvic.ca](mailto:worthing@uvic.ca)

Francisco Ibáñez-Carrasco [fibanezcarrasco@ohtn.on.ca](mailto:fibanezcarrasco@ohtn.on.ca)

Steve Tattle [Stattle@hivandrehab.ca](mailto:Stattle@hivandrehab.ca)

If you are interested in becoming a member of the CUHRRRC Steering Committee, please contact Kelly O'Brien.

## Stay Tuned!

Next Issue of CUHRRRC E-Update ~ July 2016

For more information on these activities and/or the CUHRRRC, please contact Ayesha Nayar, CUHRRRC coordinator, at [cuhrrc@utoronto.ca](mailto:cuhrrc@utoronto.ca) or visit the CUHRRRC website at <http://cuhrrc.hivandrehab.ca/>

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