



Rehabilitation and HIV

Can the past inform the future?



“The farther backward you can look, the farther forward you can see.”

Winston Churchill



A reconceptualization of rehab??



The Canadian Working Group on HIV and Rehabilitation (CWGHR)
is born



Social work student interview:

Sometimes we would miss or we wouldn't acknowledge something as being important. And the resource tutor would say, "I think you're missing the big picture now. Yeah – he's got diarrhea today but what's really important? It's his money. So you can do all those wonderful things but he needs drug benefits and that's his biggest concern. So you can have all your professional lingo but right now the biggest thing you can do is work with him around this.

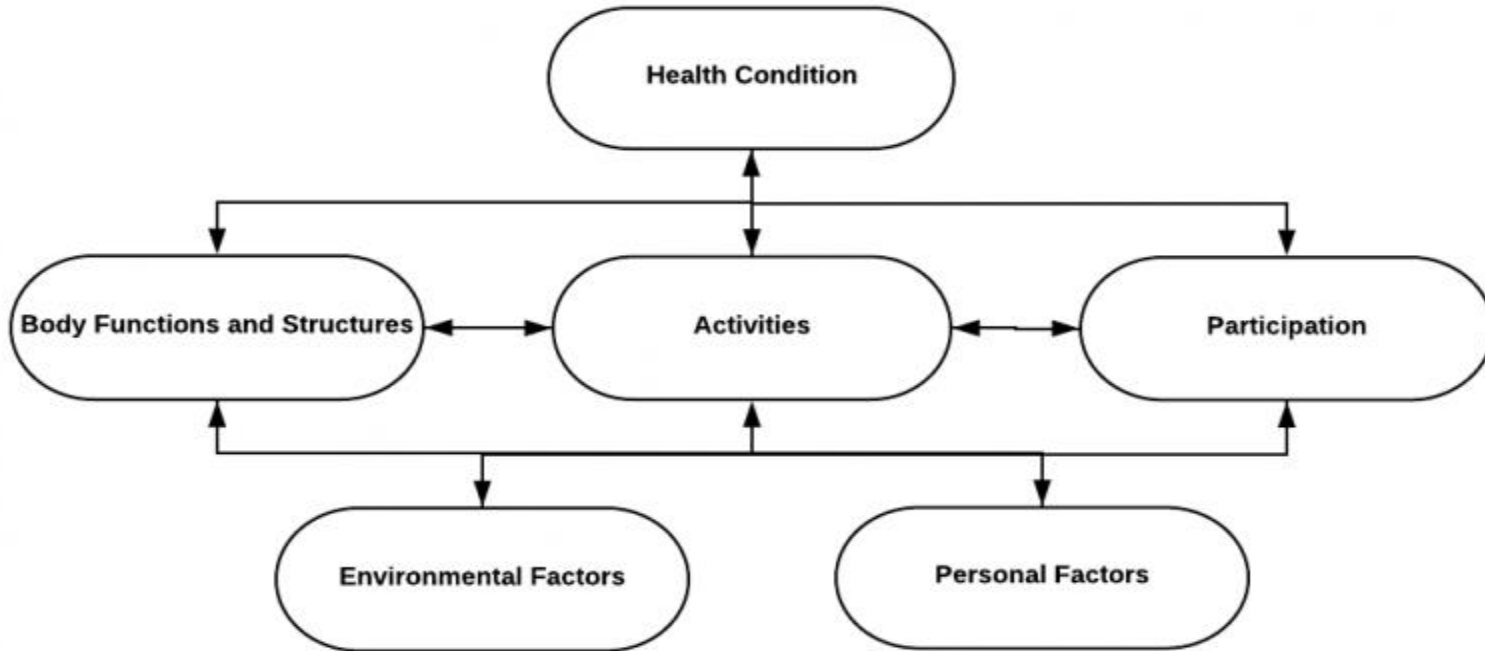


MD student journal:

For the first time I am seeing and feeling the breadth of health care. It's great... I really feel like my understanding of "health care" is opening up.

Resource tutor interview:

I've got more confidence in myself. I realize I have lots to offer. I guess I've been exposed to AIDS for 12, 13 years and I guess I've forgotten how little people know about it.



The ICF Model



Health and Quality of Life Outcomes



Research

Open Access

Impairments, activity limitations and participation restrictions: Prevalence and associations among persons living with HIV/AIDS in British Columbia

Melanie Rusch*^{1,2}, Stephanie Nixon³, Arn Schilder^{1,4}, Paula Braitstein^{1,2,4},
Keith Chan¹ and Robert S Hogg^{1,2}



ORIGINAL ARTICLE

Rehabilitation Professionals and Human Immunodeficiency Virus Care: Results of a National Canadian Survey

Catherine Worthington, PhD, Ted Myers, PhD, Kelly O'Brien, BScPT, Stephanie Nixon, PhD, Rhonda Cockerill, PhD, Tarik Bereket, MA





Meanwhile in the UK.....



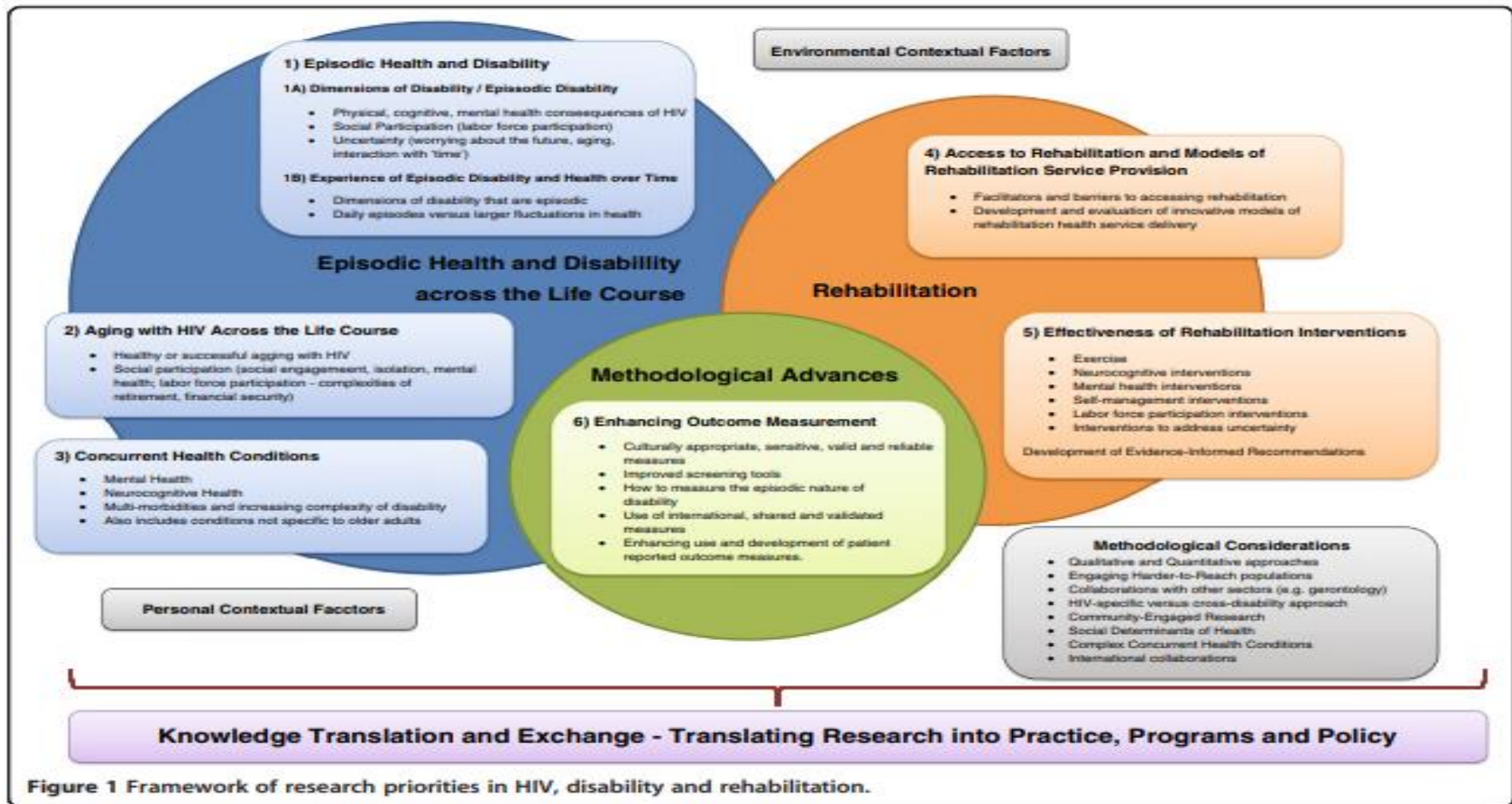


Figure 1 Framework of research priorities in HIV, disability and rehabilitation.

Research Priorities - 2008

1. Episodic disability and health
2. Aging with HIV across the life span
3. Concurrent health conditions
4. Access to rehabilitation
5. Effectiveness of rehabilitation
6. Enhancing outcome measurement



O'Brien et al. *AIDS Res Ther* (2020) 17:21
<https://doi.org/10.1186/s12981-020-00280-5>



AIDS Research and Therapy

RESEARCH

Open Access



Research priorities for rehabilitation and aging with HIV: a framework from the Canada-International HIV and Rehabilitation Research Collaborative (CIHRRC)

Kelly K. O'Brien^{1,2,3*} , Francisco Ibáñez-Carrasco⁴, Patricia Solomon⁵, Richard Harding⁶, Darren Brown⁷ ,
Puja Ahluwalia⁸, Soo Chan Carusone⁹, Larry Baxter¹⁰, Charles Emlet¹¹, Gayle Restall¹², Alan Casey¹³,
Amrita Ahluwalia¹⁴, Adria Quigley¹⁵, Alex R. Terpstra¹⁶ and Nkem Ononiwu¹

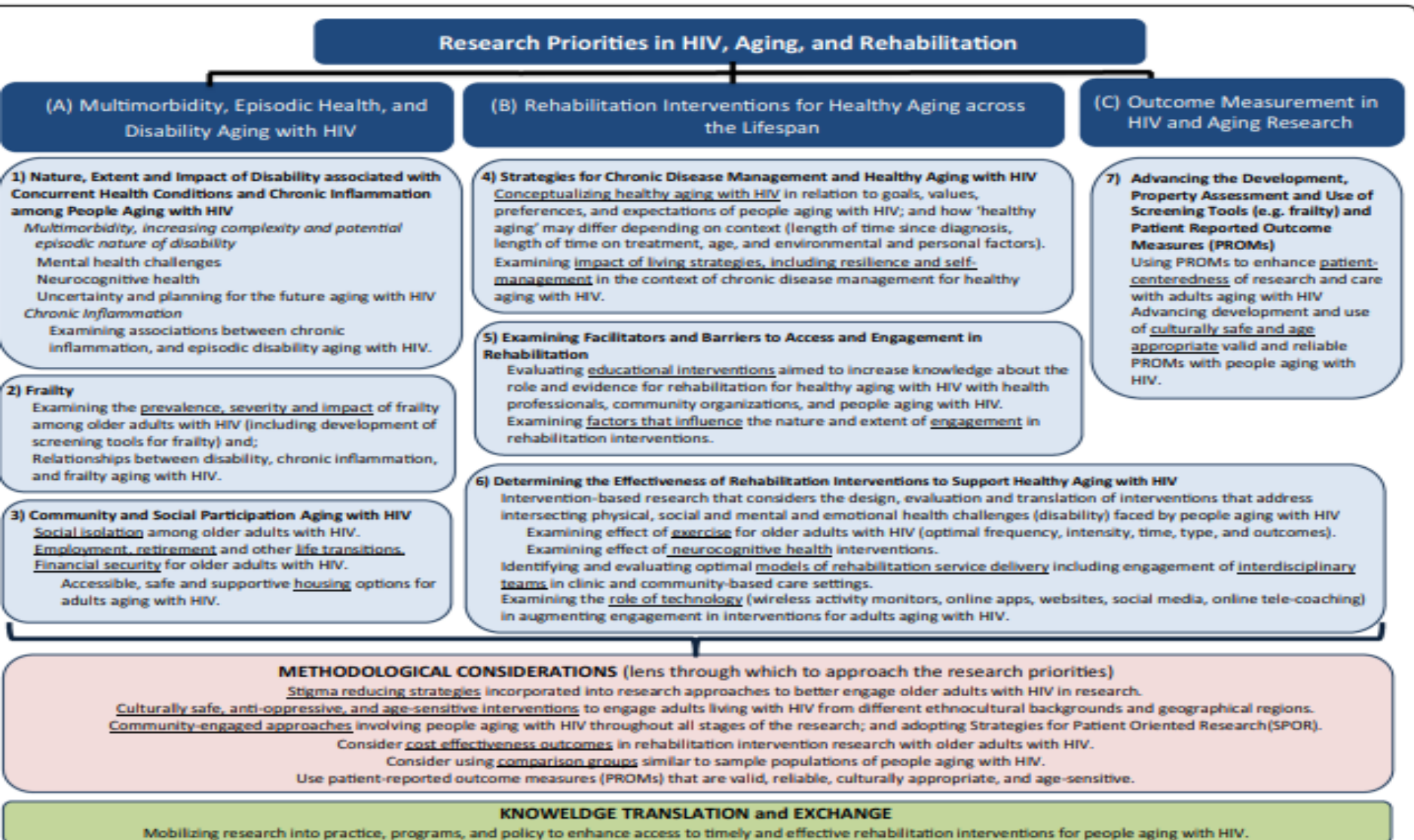
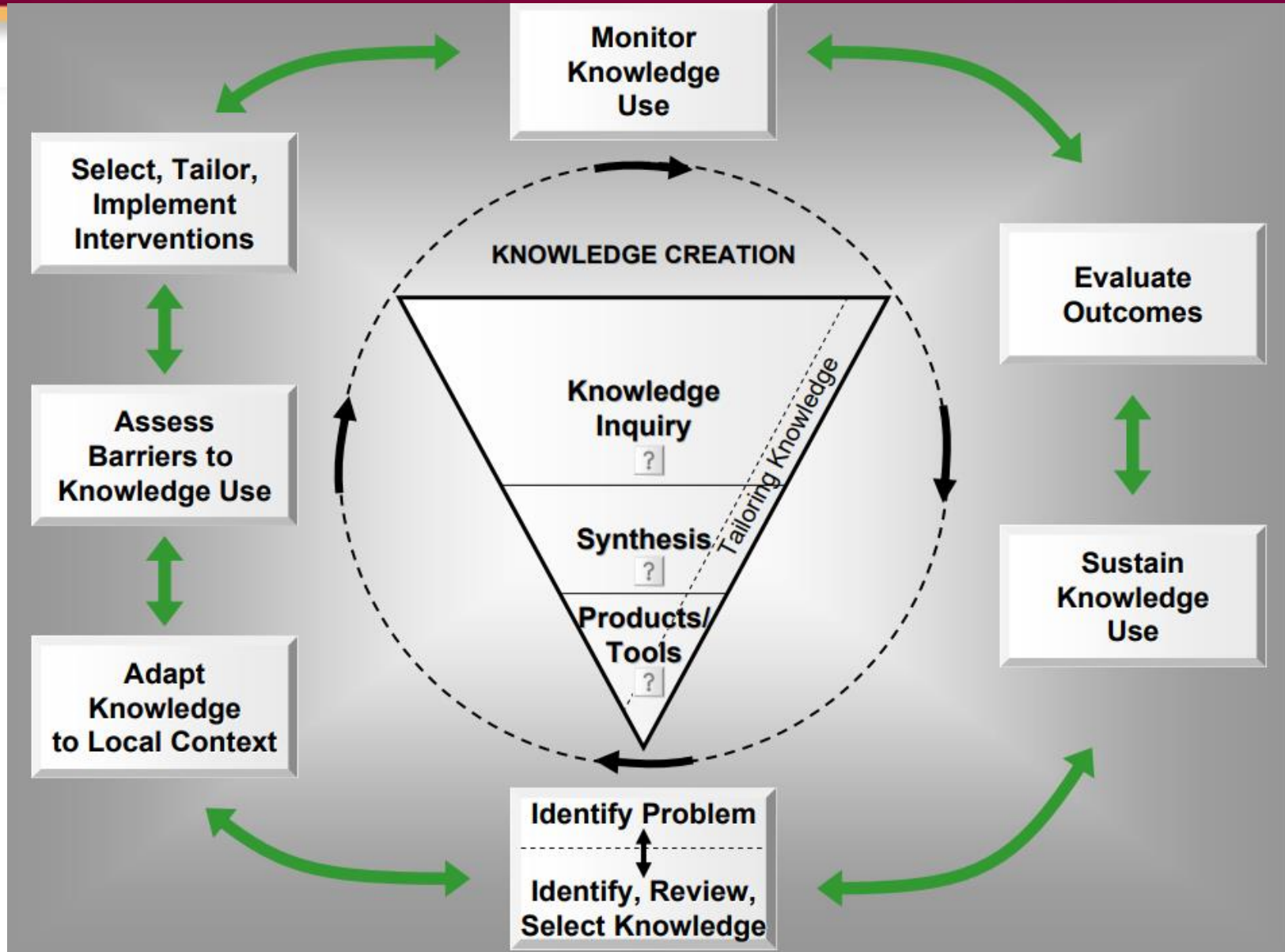


Fig. 1 Framework of Research Priorities in HIV, Aging and Rehabilitation







The E-Module: An HIV & Rehab Resource

How Rehabilitation Can Address the Needs of People Living with HIV.

A resource by [Realize](#) Canada. Select a section to explore the resource. Acronyms are defined the first time they appear in each section.

[ABOUT THE E-MODULE](#)

This section describes what this resource is about, why and how it was created, who it is for and how it can be used. Click...

[SECTION 2 – WHAT DO REHABILITATION PROVIDERS NEED TO KNOW ABOUT HIV?](#)

This section briefly reviews current knowledge regarding HIV infection and its treatment. Click or tap a sub-section title to navigate to the full section content.

[SECTION 4 – UNIQUE NEEDS OF SPECIFIC POPULATIONS AND OTHER CONSIDERATIONS](#)

This section will describe some of the unique

[SECTION 1 – WHAT IS THE ROLE OF REHABILITATION IN THE CONTEXT OF HIV?](#)

This section describes the role of rehabilitation in the context of HIV. Click or tap a section title to navigate to the full section content.

[SECTION 3 – WHAT ARE THE REHABILITATION INTERVENTIONS THAT CAN HELP PEOPLE LIVING WITH HIV?](#)

This section provides an overview of the rehabilitation interventions that can help people living with HIV. Click or tap a sub-section title to navigate to...

[SECTION 5 – WHAT ARE THE CONCEPTS AND TOOLS FOR MEASURING REHABILITATION OUTCOMES IN HIV?](#)

Knowledge Translation

CIHRRC activities include facilitating knowledge transfer and exchange on HIV and rehabilitation research, clinical practice and service delivery among people living with HIV, researchers, clinicians, educators representatives of community organizations and policy stakeholders in Canada and internationally.

Knowledge translation occurs in the forms of e-updates, presentations, publications, fact sheets, and CIHRRC International Forums on HIV and Rehabilitation Research.

CIHRRC Partners and Supporters



Canadian Association for
HIV Research
L'association canadienne de
recherche sur le VIH



Physical Therapy
UNIVERSITY OF TORONTO



CIHRRC Twitter

Tweets from @CIHRRC



CIHRRC
@CIHRRC · May 10



Replying to @CIHRRC

@KellyOBrien25 @Kelly_B5
@Giving_It_Raw @RHardingCSI
@LiamT_Tweets @andrew_d_eaton
@commsbizchat @EmmaStanmore
@darrenabrown @solomon_patty
@EACsociety @ukcab
@NazProjectLdn @APPG_HIV_AIDS
@TackleHIV @HIVOutcomes
@GeorgeHouseTrst
@BritishHIVAssoc #AgeingwithHIV
#RehabHIV



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Dr. Patty Solomon will kick off the
5th International Forum on HIV and

HIV IN MOTION

Explore | Learn | Share

WELCOME

ABOUT

RESEARCH

KNOWLEDGE TRANSLATION

NEWS AND UPDATES

CONTACT

Knowledge Translation

HIV in Motion activities include knowledge transfer and exchange on HIV and rehabilitation research, clinical practice and service delivery among people living with HIV, researchers, clinicians, educators representatives of community organizations and policy stakeholders in Canada and internationally.

Knowledge translation occurs in the forms of the Community of Practice webinars, e-updates, presentations, publications, fact sheets, and via collaboration with the Canada-International HIV and Rehabilitation Research Collaborative.





Knowledge
Translation



Tweets from @HIVinMotion

 HIV in MOTION Retweeted

 **National AIDS T...**  
@NAT_AIDS_Trust · 6h

For some people living with HIV, stigma can negatively impact:
 seeking treatment & attending health appointments
 relationships
 mental health & seeking support for it

This doesn't need to happen. Learn more about what we do to tackle this: nat.org.uk/our-work/issues



Recommendations for International Collaborative in Rehabilitation Research

17. Consider feasibility when balancing the scope and growth of a collaborative in relation to available resources in a given funding environment.





I never worry about action, only inaction.

Winston Churchill