

Holistic support for an ageing cohort



George House Trust

- Established 1985
- Our purpose
- Our mission
- Our values



Services at George House Trust

- Calabash
- Women's programme
- Counselling
- Peer Mentoring
- Financial support and advice
- Telephone Buddies



Age+

- The aims of Age+;
 - Improve overall well-being
 - Increase confidence and ability to talk about HIV
 - Reduce people's feelings of social isolation
 - Improve skills and widening their interests
 - Increase involvement in social and volunteering activities



Key Learning

- Face-to-face/telephone support
- Hybrid offerings
- Isolation and loneliness
- A personal invitation
- Communication from a known person



Any questions?

