



# CIHRRRC Café Scientifique: HIV, Aging, and Rehabilitation Updates in Research and Practice

## Event Report

Thursday November 27, 2025



## Acknowledgements:

This Café Scientifique event was supported by the Canadian Association for HIV Research (CAHR). Video editing was provided by Gay Men's Health Collective (GMHC). The event was hosted at the Department of Physical Therapy, Temerty Faculty of Medicine, University of Toronto.



# Approach

## Overview

On Thursday November 27, 2025, 12-130pm EST, the Canada-International HIV & Rehabilitation Research Collaborative (CIHRRC) hosted a *Café Scientifique* entitled: [HIV, Aging, and Rehabilitation – Updates in Research and Practice](#). This event was hosted in partnership with [HIV in Motion](#) and with support from the [Canadian Association for HIV Research \(CAHR\)](#). The [Canada-International HIV and Rehabilitation Research Collaborative](#) was established in 2009 with the aim to foster knowledge transfer and exchange, advance partnerships and collaborations and identify emerging priorities in the field of HIV, aging and rehabilitation (O'Brien et al, 2018).

Aligned with [CIHRRC's strategic directions and activities](#), the **objectives of this event** were:

- 1) To transfer knowledge and exchange on research related to HIV, aging and rehabilitation;
- 2) To establish new partnerships and collaborations and strengthen existing ones across clinical practice, research and community in the areas of HIV, aging and rehabilitation; and
- 3) To identify emerging priorities in HIV, aging and rehabilitation.

Speakers span areas of research, clinical practice and community expertise, with the aim to understand the utility and practical applications of research findings in clinical and community settings, and to identify future research priorities through knowledge exchange.

To promote accessibility and global reach, this event was held online using Zoom, and was free for all registrants. Recordings are openly available online on the [Café Scientifique webpage on the CIHRRC website](#) for those unable to attend.

## Café Scientifique Planning

The event was developed as a collaboration between CIHRRC and CAHR. We conducted three online planning meetings in preparation for the event. An initial meeting was held to establish the event agenda, identify potential speakers, and determine event objectives. A second meeting was held with CIHRRC co-founders and CIHRRC coordinator to establish the plan for promotion and registration and refined the agenda. We held a final planning meeting with the invited speakers and panelists to allow an opportunity for speakers and panelists to meet each other, review presentation topics, establish the presentation order, and review technology details.

## Café Scientifique Promotion and Registration

CAHR and CIHRRC collaboratively promoted the event. We developed a promotional poster (**Appendix A**) that was circulated to the CIHRRC membership by email on September 24 and October 30, 2025 as an attachment to a “save the date” email and attachment to a CIHRRC E-Update email. We uploaded the poster to the CIHRRC website with an announcement about the event (<https://cihrrc.ca/news-and-updates/>). We also promoted the event on social media using CIHRRC's X (formerly Twitter) account (@CIHRRC), and CIHRRCs' Bluesky account (@cihrrc.bsky.social). CAHR also promoted the event on X (@CAHR-ACRV) and Bluesky (@cahr-acrv.bsky.social).

We administered a registration questionnaire using Microsoft forms (**Appendix B**). The CIHRRC Coordinator emailed registrants with a reminder and 1 week, 1 day, and 1 hour before the start of the event. The CIHRRC Coordinator also created a Microsoft Calendar invitation and shared this (bcc) with all registrants November 13

## Café Scientifique Program

The CIHRRC Coordinator circulated an event program to all registrants by email November 13, 2025 (<https://cihrrc.ca/wp-content/uploads/2025/12/CIHRRC-Cafe-Scientifique-PROGRAM-12-05-2025-1.pdf>). This included details on the session objectives, agenda, and list of speakers. See **Appendix C** for the Café Scientifique program.

## Café Scientifique Filming

All presentations were recorded on Zoom and edited by Gay Men's Health Collective for broader knowledge translation and dissemination. We uploaded videos to CIHRRC's YouTube channel (<https://www.youtube.com/playlist?list>), and linked them to a dedicated Café Scientifique webpage on CIHRRC's website (<https://cihrrc.ca/knowledge-translation/cafe-scientifique/>). We emailed registrants with the link to the CIHRRC webpage and videos on December 8, 2025. Further dissemination occurred by promoting the CIHRRC Café Scientifique webpage via social media (X and Bluesky) the week after the event (December 4).

## Café Scientifique Overview

### Program

The Café Scientifique was held on Thursday November 27, 2025, at 12-1:30 pm EST/9-10:30am PST. The event began with a brief introduction, and was followed by **Updates on HIV, Aging, and Rehabilitation** presentations. Presentations covered trajectories of disability and physical activity (Tai-Te Su, University of Toronto, National Taiwan University), frailty (Natalie St. Clair-Sullivan, King's College London), and chronic pain (Francisco Ibáñez-Carrasco, University of Toronto). These were followed by the **Translating the Research into Practice and Community** clinical response and the **Roundtable Discussion**, which featured community ambassadors, in addition to the presenters and clinical respondent.

The **Updates on HIV, Aging, and Rehabilitation** presentations were 10 minutes each. The presentation from Dr. Tai-Te Su was pre-recorded due to time zone difference, and the other two presentations were live. Following this was the 5 minute **Translating the Research into Practice and Community** response by Carolann Murray (Casey House), a clinician experienced in HIV and rehabilitation. Carolann provided reflections on the research presented in the context of clinical practice and community settings. The **Roundtable Discussion** included responses to the research by two community ambassadors: Kath Webster (Pacific AIDS Network, BC) and Richard Charette (HIV in Motion, Ontario). They were then joined by two of the presenters and the clinical respondent. The community ambassadors asked presenters more detailed questions on their research and discussed the work shared and its clinical and community applications. Finally, a **Q&A** was held. This was moderated, and the audience was able to submit questions through the Zoom chat or by virtually raising their hand. All sessions except for the Q&A were recorded and uploaded to CIHRRC's YouTube channel and website (see <https://cihrrc.ca/knowledge-translation/cafe-scientifique/>).

See **Appendix C** for the Café Scientifique program.

At the end of the event, we asked all attendees to complete a web-based evaluation questionnaire (2 minutes estimated time to complete) by placing the link in the Zoom chat. Immediately following the event, the CIHRRC Coordinator emailed all registrants with the link requesting completion of the evaluation questionnaire. See **Appendix D** for the evaluation questionnaire.

## Registrants

Thirty-five persons registered for the event. The majority of registrants were from Canada (71%), living in Ontario (54%), and primarily affiliated with a research or academic institution (49%). Approximately half of registrants (52%) identified as a health professional. See Table 1 for a complete overview of characteristics of the registrants.

**Table 1 – Characteristics of Registrants (n=35)**

<b>Characteristic</b>	<b>N (%)</b>
<b>Country of Residence</b>	
Canada	25 (71%)
South Africa	2 (6%)
Australia	1 (3%)
France	1 (3%)
Haiti	1 (3%)
Peru	1 (3%)
Taiwan	1 (3%)
Turkiye	1 (3%)
United Kingdom	1 (3%)
United States	1 (3%)
<b>Province or Territory of Residence (n=25)</b>	
Ontario	19 (54%)
British Columbia	4 (11%)
Alberta	2 (6%)
<b>Primary Role</b>	
Academic/Researcher (e.g. located at an academic institution)	9 (26%)
Service Provider	6 (17%)
Community member / Person with lived experiences	6 (17%)
Clinician	5 (14%)
Trainee (e.g. MSc, PhD, Postdoctoral Fellow)	3 (9%)
Clinician Scientist / Researcher (located in a hospital or clinical site)	2 (6%)
Student (e.g. Occupational Therapy or Physiotherapy Student)	2 (6%)
Educator	1 (3%)
Board member/Disability Advocate/Person with Episodic Disabilities & HIV	1 (3%)
<b>Health Professional Group</b>	
Physiotherapist	9 (26%)
Physician	2 (6%)
Nurse or Nurse Practitioner	2 (6%)
Social Worker	2 (6%)
Advocacy for people with disabilities	2 (6%)
Pharmacist	1 (3%)
Not a health professional	17 (48%)

Characteristic	N (%)
<b>Identifies as someone with lived experiences of HIV or HCV</b>	
Yes	11 (31%)
No	23 (66%)
Prefer not to say	1 (3%)
<b>Primary Affiliation</b>	
Research or academic institution	17 (49%)
Non-profit or community-based organized	10 (29%)
Public health or health care unit/service provider	7 (20%)
Prefer not to say	1 (3%)
<b>Age</b>	
20-29	8 (23%)
30-39	10 (29%)
40-49	5 (14%)
50-59	4 (11%)
60+	6 (17%)
Prefer not to say	2 (6%)
<b>Gender</b>	
Woman	20 (57%)
Man	15 (43%)
<b>Identifies as Indigenous</b>	
Yes	2 (6%)
No	30 (86%)
Prefer not to say	3 (9%)
<b>Race (select all that apply)</b>	
Black (African, Afro-Caribbean, African Canadian descent)	5 (14%)
East/Southeast Asian (Chinese, Korean, Japanese, Taiwanese, Filipino, Vietnamese, Cambodian, Thai, Indonesian, other Southeast Asian descent)	3 (9%)
Latino (Latin American, Hispanic descent)	2 (6%)
Middle Eastern (Arab, Persian, West Asian descent, e.g. Afghan, Egyptian, Iranian, Lebanese, Turkish, Kurdish, etc.)	4 (11%)
Indigenous (First Nations, Métis, Inuit)	1 (3%)
South African Indian	1 (3%)
South Asian (South Asian descent, e.g. East Indian, Pakistani, Bangladeshi, Sri Lankan, Indo-Caribbean, etc.)	6 (17%)
White (European descent)	12 (34%)
Prefer not to say	1 (3%)
<b>CIHRRC Member</b>	
Yes	16 (46%)
No	19 (54%)
<b>Interested in joining CIHRRC (n=19)</b>	
Yes	12 (63%)
No	7 (37%)

## Engagement & Key Highlights

Of the 35 registrants, 22 (62%) attended the Café Scientifique. Some key discussion points that emerged from the event were an emphasis on the role of physical activity for people living and aging with HIV, the importance of frailty screening, and acknowledging the wide-ranging

impacts of HIV, chronic pain, and multimorbidity on several aspects of life. Some key takeaways from each of the presentations and panel discussion are below.

- 1) Trajectories of disability and physical activity are diverse and change over time. Overall, higher levels of physical activity are associated with lower levels of disability.
- 2) Frailty is multidimensional for people living with HIV – screening for frailty is feasible and must be linked to holistic, coordinated support.
- 3) Chronic pain is common in people living with HIV, many of whom experience it as a long-term challenge that interferes significantly with daily life.
- 4) There is a role for rehabilitation to address disability associated with frailty and chronic pain among persons aging with HIV.
- 5) Barriers to access to formalized rehabilitation services exist for persons living with HIV, particularly in rural and remote regions.
- 6) Frailty and chronic pain are complex challenges that impact many dimensions of health and well-being.
- 7) Future research should consider how we can support physical activity and mobility in persons living with the highest levels of disability.

## Evaluation

Of the 22 persons who attended, 11 (50%) completed the evaluation questionnaire. See Table 2 for an overview of characteristics of registrants who completed the evaluation.

**Table 2 – Characteristics of Evaluation Respondents (n=11)**

Characteristic	N (%)
<b>Country</b>	
Canada	9 (82%)
Haiti	1 (9%)
United Kingdom	1 (9%)
<b>Province (n=9)</b>	
Ontario	7 (78%)
Alberta	1 (11%)
British Columbia	1 (11%)
<b>Identifies as someone with lived experiences of HIV or HCV</b>	
Yes	3 (27%)
No	8 (73%)
<b>Primary Affiliation</b>	
Research or academic institution	4 (36%)
Non-profit or community-based organized	4 (36%)
Public health or health care unit/service provider	3 (27%)
<b>Age</b>	
20-29	2 (18%)
30-39	3 (27%)
40-49	1 (9%)
50-59	3 (27%)
60+	2 (18%)
<b>Gender</b>	
Man	7 (64%)
Woman	4 (36%)

Characteristic	N (%)
<b>Identifies as Indigenous</b>	
No	11 (100%)
<b>Race (select all that apply)</b>	
Black (African, Afro-Caribbean, African Canadian descent)	3 (27%)
South Asian (South Asian descent, e.g. East Indian, Pakistani, Bangladeshi, Sri Lankan, Indo-Caribbean, etc.)	1 (9%)
White (European descent)	6 (55%)
Prefer not to say	1 (9%)
<b>CIHRRC Member</b>	
Yes	5 (46%)
No	5 (46%)
Don't know	1 (19%)

We asked respondents to rate their agreement with the following statements. Results from the 11 respondents are included below.

1. **My participation has increased my understanding of the topics discussed which will ultimately improve the health and well-being of people affected by HIV/Hepatitis C (HCV)/Sexually Transmitted and Blood Borne Infections (STBBI)**
  - 9 (82%) strongly agreed or agreed
  - 2 (18%) strongly disagreed
  
2. **My participation has improved my capacity (knowledge, skills, or abilities) to help prevent new infections and/or improve the health and well-being of people affected by HIV/HCV/STBBI.**
  - 8 (73%) strongly agreed or agreed
  - 1 (9%) neutral
  - 2 (18%) strongly disagreed
  
3. **I will consider incorporating the skills and knowledge learned during this session in my current projects and/or in future initiatives**
  - 9 (82%) strongly agreed or agreed
  - 2 (18%) strongly disagreed

**Respondent feedback:**

- “This was awesome. Thank you. Learned so much.”
- “Well done to all the presenters. Keep up the great work you do”
- “Most interesting and great panel discussion and exchange of ideas”
- “Great presenters”
- “Do this more often.”
- “Love all of it.”

**Topic suggestions for future CIHRRC events:**

- “As CIHRRC is an international collective, I really think speakers from the Global South should be approached to present at future sessions like this one”

- “Ideas on how to improve compliance with exercise, how to manage barriers, role of cognitive rehabilitation in aging with HIV, updates on how exercise can impact PLWH”
- “Anything about updates and researchers on the HIV topic”
- “Psychiatric impacts for current aging HIV patients [perhaps between the provinces/regions?]”

## Conclusion

This Cafe Scientifique entitled: [HIV, Aging, and Rehabilitation – Updates in Research and Practice](#) featured important research on the topics of disability and physical activity, frailty, and chronic pain for people living with HIV. Discussion highlighted the strong clinical and community applications for research on HIV, aging, and rehabilitation. Attendees also highlighted the importance of community-clinical-academic collaborations and the translation of research into clinical practice and community. Future CIHRRRC events can expand on these ideas, as well as incorporate suggestions and feedback received in the evaluation.

This event successfully achieved **Objective 1**, with 80% of respondents stating that the session increased their understanding of the topic, and comments highlighting the quality of the presentations and knowledge gained. The event and planning process also achieved **Objective 2**, with the attendance of several non-CIHRRRC members, many of whom expressed interest in joining CIHRRRC and being included in future events. The event also achieved **Objective 3**, as it featured fruitful discussion between community members, clinicians, and researchers that identified several clinical and research priority areas.

This event directly addresses the [Research Priorities in HIV, Aging and Rehabilitation \(O'Brien et al, 2020; O'Brien et al, 2023\)](#), specifically advancing knowledge transfer and exchange among people living with HIV, researchers, clinicians, representatives of community organizations, educators, and stakeholders, building collaborations in the field.

## References

- O'Brien, K.K., Solomon, P., Ibáñez-Carrasco, F. *et al* (2018). Evolution of an International Research Collaborative in HIV and Rehabilitation: Community Engaged Process, Lessons Learned, and Recommendations. *Progress in Community Health Partnerships: Research, Education, and Action* 12(4), 395-408. <https://dx.doi.org/10.1353/cpr.2018.0065>.
- O'Brien, K.K., Ibáñez-Carrasco, F., Solomon, P. *et al*. Research priorities for rehabilitation and aging with HIV: a framework from the Canada-International HIV and Rehabilitation Research Collaborative (CIHRRRC). *AIDS Res Ther* 17, 21 (2020). <https://doi.org/10.1186/s12981-020-00280-5>
- O'Brien KK, Ibáñez-Carrasco F, Birtwell K *et al*. Research priorities in HIV, aging and rehabilitation: building on a framework with the Canada-International HIV and Rehabilitation Research Collaborative. *AIDS Res Ther*. 2023 Dec 9;20(1):86. <https://doi.org/10.1186/s12981-023-00582-4>

## Speaker Citations / References

*Tai-Te Su*

Su T-T, Chan Carusone S, McDuff K, Ibáñez-Carrasco F, Tang A, Bayoumi AM, Loutfy M, Avery L, Da Silva G, Furlan A, Trent H, Ilic I, Pandovski Z, Zobeiry M, Ahluwalia P, Krizmancic K, Jiancaro T, Torres B, Solomon P and O'Brien KK (2025) Goals in motion: exploring goal setting among adults living with HIV who participated in an online community-based exercise intervention. *Front. Rehabil. Sci.* 6:1644139. doi: 10.3389/fresc.2025.1644139

Su TT, Bayoumi AM, Avery L, Carusone SC, Tang A, Solomon P, Davis AM, O'Brien KK. Trajectories of disability and influence of contextual factors among adults aging with HIV: Insights from a community-based longitudinal study in Toronto, Canada. *PLoS One.* 2025 Dec 9;20(12):e0309575. doi: 10.1371/journal.pone.0309575. PMID: 41364672; PMCID: PMC12688091.

*Natalie St. Clair-Sullivan*

St Clair-Sullivan NS, Bristowe K, Khan I, Maddocks M, Harding R, Bremner S, Levett T, Roberts J, Adler Z, Yi D, Vera JH. Implementation of frailty screening for older people living with HIV in Brighton, UK. *HIV Med.* 2024 Apr;25(4):484-490. doi: 10.1111/hiv.13598. Epub 2023 Dec 7. PMID: 38062917.

St Clair-Sullivan N, Simmons K, Harding R, Levett T, Maddocks M, Roberts J, Trotman D, Yi D, Vera JH, Bristowe K. Frailty and frailty screening: A qualitative study to elicit perspectives of people living with HIV and their healthcare professionals. *HIV Med.* 2023 Apr;24(4):480-490. doi: 10.1111/hiv.13419. Epub 2022 Oct 13. PMID: 36229192.

Clair-Sullivan NS, Vera JH, Maddocks M, Harding R, Levett T, Roberts J, Adler Z, Bremner S, Pargeter G, Bristowe K. 'We are fragile, but we are strong': A qualitative study of perspectives, experiences and priority outcomes for people living with HIV and frailty. *HIV Med.* 2025 Mar;26(3):339-349. doi: 10.1111/hiv.13722. Epub 2024 Oct 13. PMID: 39400445.

St Clair-Sullivan N, Bristowe K, Adler Z, Bremner S, Harding R, Levett T, Maddocks M, Pargeter G, Roberts J, Yi D, Vera J. Silver Clinic: protocol for a feasibility randomised controlled trial of comprehensive geriatric assessment for people living with HIV and frailty. *BMJ Open.* 2023 May 19;13(5):e070590. doi: 10.1136/bmjopen-2022-070590. PMID: 37208140; PMCID: PMC10201220.

St Clair-Sullivan N, Bristowe K, Bremner S, Maddocks M, Harding R, Levett T, Roberts J, Adler Z, May P, Pargeter G, Vera JH. Comprehensive geriatric assessment for people living with HIV and frailty: A mixed-methods feasibility randomized controlled trial. *HIV Med.* 2025 Nov 21. doi: 10.1111/hiv.70149. Epub ahead of print. PMID: 41271592.

*Francisco Ibáñez-Carrasco*

HIV & Chronic Pain: <https://rise.articulate.com/share/VgBm2OlqV2Y8PyqFJD3Jy7iMHKYNDxLz>

# Café Scientifique: HIV, Aging & Rehabilitation

## Updates in Research and Practice



Thursday, November 27<sup>th</sup>, 2025

12:00-1:30pm EST



**Dr. Natalie St. Clair-Sullivan**  
Cicely Saunders Institute,  
King's College London



**Dr. Tai-Te Su**  
Former Postdoctoral Fellow  
University of Toronto



**Dr. Francisco Ibáñez-Carrasco**  
Dalla Lana School of Public Health  
University of Toronto



**Carolann Murray, PT**  
Casey House  
Toronto, Ontario



**Registration is now open!**

Scan here or visit

<https://forms.office.com/r/sRmnWpSLGx>

Inquiries: [cihrrc@utoronto.ca](mailto:cihrrc@utoronto.ca)

Supported by the Canadian Association for HIV Research (CAHR).

## Appendix B – Registration Questionnaire

Register - Updates in HIV and Rehabilitation Research and Practice

### A CIHRRC-CAHR-HIV in Motion Event on Thursday November 27, 2025 from 12-1:30pm EST

Please complete this brief questionnaire to register for the **Café Scientifique: HIV, Aging & Rehabilitation – Updates in Research and Practice on Thursday November 27 from 12-1:30pm EST**. The Café Scientifique will feature **3 presentations**: 1. Dr. Tai-Te Su - presentation on the Ontario Cohort Study and disability trajectories of people living with HIV; 2. Dr. Natalie St. Clair-Sullivan - presentation on frailty; and 3. Dr. Francisco Ibáñez-Carrasco - presentation on HIV and chronic pain. There will also be a **clinical response** by Carolann Murray (PT), from Casey House (Toronto, Ontario, Canada). This event is hosted by the Canada International HIV and Rehabilitation Research Collaborative (CIHRRC), HIV in Motion, and is supported by the Canadian Association for HIV Research (CAHR).

1. Please enter your **first name**: \_\_\_\_\_
2. Please enter your **last name**: \_\_\_\_\_
3. Please enter your **email address**: \_\_\_\_\_
4. Will you be attending the **Café Scientifique: HIV, Aging & Rehabilitation – Updates in Research and Practice on Thursday November 27 from 12-1:30pm EST**?
  - Yes, I will attend virtually (via Zoom).
  - No, I am not able to attend.
5. In which **country** do you currently reside?
  - Canada
  - Australia
  - China
  - Germany
  - India
  - Ireland
  - Nigeria
  - South Africa
  - Turkiye
  - United Kingdom
  - United States
  - Other [Enter your response]: \_\_\_\_\_
6. In which **province or territory** do you currently reside?
  - Alberta
  - British Columbia
  - Manitoba
  - New Brunswick

- Newfoundland and Labrador
- Nova Scotia
- Northwest Territories
- Nunavut
- Ontario
- Prince Edward Island
- Quebec
- Saskatchewan
- Yukon

7. Which of the following best describes your **primary role**?

- Academic/Researcher (e.g. located at an academic institution)
- Clinician
- Clinician Scientist / Researcher (located in a hospital or clinical site)
- Community member / Person with lived experiences
- Educator
- Service Provider
- Student (e.g. Occupational Therapy or Physiotherapy Student)
- Trainee (e.g. MSc, PhD, Postdoctoral Fellow)
- Other [Enter your response]: \_\_\_\_\_

8. Please **select one**. I belong to the following **health professional group**:

- Nurse or Nurse Practitioner
- Occupational Therapist
- Physician
- Physiotherapist or Physical Therapist
- Speech-Language Therapist or Speech-Language Pathologist
- Other [Enter your response]: \_\_\_\_\_

9. Do you identify as someone with **lived experiences with HIV or HCV**?

- Yes
- No
- Prefer not to say

10. Please indicate the **organization that you are most closely affiliated with**:

- Research or academic institution
- Non-profit or community-based organization
- Public health or healthcare unit/service provider
- Prefer not to say

11. Please indicate your **age category**:

- 19 and under
- 20-29
- 30-39
- 40-49

- 50-59
- 60+
- Prefer not to say

12. Please indicate your **gender**:

- Man
- Trans Man
- Woman
- Trans Woman
- Gender Diverse
- Non-binary
- Two-Spirit
- Prefer not to say

13. Do you identify as **Indigenous**:

- Yes
- No
- Prefer not to say

14. [If yes to question 13] **Please specify:**

- First Nations
- Inuit
- Métis
- Prefer not to say

15. Please indicate which **race categories** best describes you (select all that apply):

- Black (African, Afro-Caribbean, African Canadian descent)
- East/Southeast Asian (Chinese, Korean, Japanese, Taiwanese, Filipino, Vietnamese, Cambodian, Thai, Indonesian, other Southeast Asian descent)
- Indigenous (First Nations, Métis, Inuit)
- Latino (Latin American, Hispanic descent)
- Middle Eastern (Arab, Persian, West Asian descent, e.g. Afghan, Egyptian, Iranian, Lebanese, Turkish, Kurdish, etc.)
- South Asian (South Asian descent, e.g. East Indian, Pakistani, Bangladeshi, Sri Lankan, Indo-Caribbean, etc.)
- White (European descent)
- Prefer not to say
- Other [Enter your response]: \_\_\_\_\_

16. **Are you currently a member** of CIHRRC?

- Yes
- No

17. Would you like to **join as a member** of CIHRRC?

- Yes (If you select this option, we will contact you with information on how to join)
- No

18. What is a **question or topic you would like to see covered** in this (or a future) session?  
(optional)

[Enter your response]: \_\_\_\_\_

Thank you for registering for the **CIHRRRC-CAHR-HIV in Motion Event!**

If you have any questions, please email [cihrrc@utoronto.ca](mailto:cihrrc@utoronto.ca)

Please click "Submit" to complete your registration!

## Appendix C – Café Scientifique Program

### Café Scientifique: HIV, Aging & Rehabilitation – Updates in Research and Practice

Hosted by: Canada-International HIV and Rehabilitation Research Collaborative, HIV in Motion Community of Practice, and supported by Canadian Association for HIV Research

Thursday, November 27<sup>th</sup> 12-130pm EST/9am PST

Free Online Event

Time	Activity
12:00-12:10	<b>Welcome, Land Acknowledgement, Acknowledgement of Session Partners</b>
12:10-12:15	<b>Introduction to CIHRRC &amp; HIV in Motion</b> <b>Session Objectives</b> <ul style="list-style-type: none"> <li>To transfer knowledge and exchange on research related to HIV, aging and rehabilitation;</li> <li>To establish new partnership and collaborations and strengthen existing ones across clinical practice, research and community in the areas of HIV, aging and rehabilitation.</li> <li>To identify emerging priorities in HIV, aging and rehabilitation.</li> </ul>
12:15-1:15	<p style="text-align: center;"><b>Updates on HIV, Aging and Rehabilitation</b></p> <b>Presentations</b> <ol style="list-style-type: none"> <li><a href="#">Tai-Te Su – trajectories of disability and physical activity</a> <ol style="list-style-type: none"> <li>Past Postdoctoral Fellow, Department of Physical Therapy, University of Toronto</li> </ol> </li> <li><a href="#">Natalie St. Clair-Sullivan – frailty</a> <ol style="list-style-type: none"> <li>PhD, King’s College London, Cicely Saunders Institute for Palliative Care and Rehabilitation</li> </ol> </li> <li><a href="#">Francisco Ibáñez-Carrasco – HIV and chronic pain</a> <ol style="list-style-type: none"> <li>Assistant Professor, Dalla Lana School of Public Health, University of Toronto</li> </ol> </li> </ol> <p><a href="#">Translating the Research into Practice and Community</a>  Respondent: <a href="#">Carolann Murray</a>, PT, Casey House  <a href="#">Roundtable Discussion</a>  Panelists and HIV in Motion Community Ambassadors <a href="#">Kath Webster</a> and <a href="#">Richard Charette</a></p>
1:15-1:25	<b>Discussion &amp; Q and A</b> (moderated by Kelly)
1:25-1:30	<b>Wrap-up, acknowledgements, and evaluation</b>

**Acknowledgements:** Supported by the Canadian Association for HIV Research (CAHR).



## Appendix D – Evaluation Questionnaire

### CIHRRRC Café Scientifique: Evaluation

Thank you for attending this Café Scientifique hosted by CIHRRRC, HIV in Motion, and CAHR. We thank CAHR for supporting today's event. We now ask that you complete this brief evaluation form. Your anonymized responses will be shared with CAHR to assist them in better understanding the extent to which today's event was able to successfully engage/educate each of the various groups within their target audience.

1. In which **country** do you currently reside?

- Canada
- Australia
- China
- Germany
- India
- Ireland
- Nigeria
- South Africa
- Turkiye
- United Kingdom
- United States
- Other [Enter your response]: \_\_\_\_\_

2. In which **province or territory** do you currently reside?

- Alberta
- British Columbia
- Manitoba
- New Brunswick
- Newfoundland and Labrador
- Nova Scotia
- Northwest Territories
- Nunavut
- Ontario
- Prince Edward Island
- Quebec
- Saskatchewan
- Yukon

3. Please indicate what best describes your level of agreement with each of the following statements:

	Strongly disagree	Disagree	Neutral	Agree	Strongly Agree
My participation has increased my understanding of the topics discussed which will ultimately improve the health and well-being of people affected by HIV/Hepatitis C (HCV)/Sexually Transmitted and Blood Borne Infections (STBBI)s.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My participation has improved my capacity (knowledge, skills, or abilities) to help prevent new infections and/or improve the health and well-being of people affected by HIV/HCV/STBBI.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I will consider incorporating the skills and knowledge learned during this session in my current projects and/or in future initiatives.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

4. Do you have any other feedback regarding this Café Scientifique session on HIV, Aging and Rehabilitation – Updates in Research and Practice?

[Enter your response]: \_\_\_\_\_

5. Do you identify as someone with lived experience with HIV or HCV?

- Yes
- No
- Prefer not to say

6. Please indicate the organization that you are most closely affiliated with:

- Research or academic institution
- Non-profit or community-based organization
- Public health or healthcare unit/service provider
- Prefer not to say

7. Please indicate your age category:

- 19 and under
- 20-29
- 30-39
- 40-49

- 50-59
- 60+
- Prefer not to say

8. Please indicate your gender:

- Man
- Trans Man
- Woman
- Trans Woman
- Gender Diverse
- Non-binary
- Two-Spirit
- Prefer not to say

9. Do you identify as Indigenous:

- Yes
- No

10. [If yes to question 9] Please specify:

- First Nations
- Inuit
- Métis
- Prefer not to say

11. Please indicate which race categories best describes you (select all that apply):

- Black (African, Afro-Caribbean, African Canadian descent)
- East/Southeast Asian (Chinese, Korean, Japanese, Taiwanese, Filipino, Vietnamese, Cambodian, Thai, Indonesian, other Southeast Asian descent)
- Indigenous (First Nations, Métis, Inuit)
- Latino (Latin American, Hispanic descent)
- Middle Eastern (Arab, Persian, West Asian descent, e.g. Afghan, Egyptian, Iranian, Lebanese, Turkish, Kurdish, etc.)
- South Asian (South Asian descent, e.g. East Indian, Pakistani, Bangladeshi, Sri Lankan, Indo-Caribbean, etc.)
- White (European descent)
- Another race category (Another race category not described above)
- Prefer not to say

12. Are you a member of the Canada-International HIV and Rehabilitation Research Collaborative (CIHRRC)?

- Yes
- No

13. What topic(s) would you like to see covered in future events?

[Enter your response]: \_\_\_\_\_

Thank you for completing this evaluation of the November 27, 2025 Café Scientifique Session entitled: HIV, Aging and Rehabilitation – Updates in Research and Practice.

**Acknowledgments:** We thank HIV in Motion, CAHR, Gay Men's Health Collective, and all of today's speakers for making this event possible.

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